

## Kindermusik® Level 2

18 months - 3.5 years with a caregiver

### ACTIVITIES

- Exploring movement concepts and participating in musical interactions
- Discovering different ways instruments can make sounds and experiencing a wide range of musical concepts
- Identifying and vocally imitating sounds and learning to describe them
- Learning to associate a picture with a sound
- Singing songs with language patterns that explore rhythm, speech sounds, syntax, and rhyme

### SKILLS & BENEFITS

- Increased alertness, self-control, and ability to regulate their own movements
- Stabilization of muscles necessary for healthy posture and overall balance
- Improved coordination and locomotor skills, fine motor skills, and finger and hand strength
- Strengthened ability to memorize, sequence, and predict patterns
- Development of early pre-literacy and number skills