



Kindermusik® Foundations

Newborn - 18 months, with a caregiver

ACTIVITIES

- Listening to and experiencing songs and rhymes
- Back-and-forth vocal plays and other parent-child interactions that build neural pathways in a baby's developing brain
- Instrument play and introduction to basic music concepts such as high/low, fast/slow, and holding a steady beat
- Baby-caregiver bonding exercises, including storytime, massage, and relaxation activities

SKILLS & BENEFITS

- Increased balance and control over movements and strengthened core muscles
- Development of basic gross motor skills, fine motor control, and coordination
- Growing ability to recognize and follow patterns in music and move to a steady beat, fundamental skills that have been linked to math and language
- Introduction to a variety of spoken sounds and rhythms that will support language and literacy development