

Milk & Cookies

Milk & Cookies — Make everyday home activities and chores easier and more fun with music! Cook and sing to “The Muffin Man”; dust and clean to the original song “In My House”; get ready to wash clothes to the delightful poem “Washing Machine”. Baking cookies, eating cupcakes, blowing on hot cross buns, wiggling like jelly, going grocery shopping and making tea are all represented in familiar as well as new songs. Move, play, and sing together in developmentally appropriate activities created just for 1 ½ to 3-year-olds. Capture the familiar and new moments of the day and learn how music can impact your toddler.

Home Materials: Double CD featuring songs from class; two books—*At My House* and *Milk & Cookies*; a stir xylophone instrument; and a Home Activity Book; all arriving in a durable, insulated child’s lunch/carry bag.

Milk & Cookies Monthly Mini Themes:

- **Lessons 1-4: In My House:** Engage your little helper in all the fun that can be found doing everyday things around the house – from cleaning to cooking to gardening and more! Music and lively poems add extra incentives to build, dust, and do the laundry together. Experience the highs and lows of music and movement to set the stage for future understanding of pitch in music.
- **Lessons 5-8: To Market, To Market:** Pretend trips to the market in class will surely spice up your real-life shopping excursions, and light the spark of creativity in your young shopper. Songs, rhymes and instrument exploration focus on long and short sounds – musical concepts that will help your child understand musical note values in years to come.
- **Lessons 9-12: All Around the Kitchen:** Your kitchen becomes a musical laboratory of loud and quiet sounds and exploration as we sing about hot cross buns, teapots, milk and cookies, and porridge. Rocking to French and Latin American tunes provide a quiet contrast to the excitement of popping out of a toaster and jiggling on the floor like jelly.
- **Lessons 13-16: Rise, Sugar, Rise:** The more the merrier when it comes to household chores and music making! Celebrate the joy of home, good friends, and family while playing a variety of instruments, snuggling for a story and relaxing rocking time, singing, and coming together for one last rousing community circle dance.