

Zoom Buggy!

Zoom Buggy! — Swoosh, vroom, and clickety-

clack your way through this delightful unit. Babies and adults will dance, sing, and play instruments to the theme of being on the go. Chug around the room to the song “Little Red Caboose,” hold on tightly while “Riding in the Buggy,” and dance your way to “Zoom-e-oh!” Engage in rituals and playful activities such as infant massage, lap bounces, exercise, and quiet time.

Zoom Buggy Monthly Mini Themes:

- **Lessons 1-4: Rumble-Squeak-Bump!:** Chug along in a train, glide on a rocking horse, zoom in a fire engine, and bump along in a stroller to help your baby experience fast and slow movement and music. Through playful songs and activities, your baby will find delight in stopping suddenly and the anticipation of starting up again.
- **Lessons 5-8: Trav’lin ‘Round:** Introduce your baby to the music of many cultures from Russia, to Indonesia, to Israel and more. Dances, lap bounces, and instrument play focus on the long and short sounds of music as well as the thrill of riding in a rocket ship and a canoe.

Dream Pillow

Dream Pillow — This title alone brings images of

rocking, cuddling, singing, and lulling to sleep. But leading up to sleepy time are many upbeat and playful activities. Babies and Adults will swirl to a dreamy cloud dance “Meet Me Tonight in Dreamland.” They’ll also play baby appropriate instruments to “Aiken Drum,” and “Sarasponda.” Favorite nursery rhymes like “Wee Willie Winkie,” and “Diddle, Diddle, Dumpling,” are sprinkled throughout the classes. It’s easy to weave many of the class songs and activities into your families’ daily routines.

Dream Pillow Monthly Mini Themes:

- **Lessons 1-4: Meet Me in Dreamland:** Dance, play instruments, manipulate humongous scarves, and rock with your baby to discover the delightful contrast between sound and silence. Familiar tunes and rhymes, as well as some new songs, will help your baby discover his or her very own musical instrument – the voice.
- **Lessons 5-8: Dance Little Baby!:** Join in a musical ensemble of singing, movement, and instrument play as we sing, speak and dance to favorite nursery rhymes and other songs, from the lively to the dreamy. Our ensemble will range from one part (unison) to several parts (harmony), all sure to open your baby’s eyes, ears, and mind to the many contrasts and moods of music.