

## Anastasia (Stacy) L. Henning

- 470 Lockwood \* Webster Groves, Missouri 63119 \* (314) 550-5149 \* [anvastazia@aol.com](mailto:anvastazia@aol.com)
- Missouri Licensed Professional Counselor # 2008018988
    - Approved Clinical Supervisor, NBCC
    - Certified Mental Health Volunteer for Disaster Areas, Red Cross
  - Site team visitor and trained CHAIR for the Council on Accreditation for Counseling and Related Educational Programs
  - Former Sr. Chair and member, American Counseling Association Ethics Committee
    - Full time core faculty, 2007-Present
  - Former Worldwide Director Counseling Program, Department Co-Chair, Associate Chair-Clinical Programs and Extended Campuses, National Director Clinical Programs, Interim National School Counseling Director, Florida State Counseling Program Director, Founder and Director-UMSL Community based Practicum Training Clinic, former healthcare marketing, business and recruitment consultant
  - Missouri Approved Supervisor for licensure of Provisionally Licensed Professional Counselors in the state of Missouri

### EDUCATION

- Doctor of Philosophy, Counselor Education and Supervision, CACREP Accredited (*GPA 3.999*)  
University of Missouri, St. Louis Aug 2002 – Nov 2007
- Master of Education, Counseling, CACREP accredited (*GPA 4.0*)  
University of Missouri, St. Louis January 1995 - August 1998
- Bachelor of Arts in Communications  
University of Missouri, St. Louis August 1980 - May 1985

### EXPERIENCE

#### PROGRAM ADMINISTRATION AND DEVELOPMENT

**Florida Counseling Program Director, Florida campuses (6)**

**Professional Counseling Dept.**

Feb 2020--present

*College of Arts and Sciences, Webster University*

Work closely with dept chair and campus directors and instructors to oversee management of Professional Counseling program at extended campuses with no full time faculty. Responsibilities included but not limited to faculty and course scheduling, troubleshooting program delivery among campuses, challenged student advising, field experience coordination, etc.

November 2020 –Present

Oversee teach-out of on-ground program and transition to hybrid and online CACREP accredited tracks.

**Interim Director, School Counseling Program**

**Professional Counseling Dept.**

August 2019--December 2019

*College of Arts and Sciences, Webster University*

Requested by dept chair to oversee school counseling tracks including new applicants, advising, program troubleshooting.

**Director, Clinical Program**

**Professional Counseling Dept.**

June 2016—December 2017

*College of Arts and Sciences, Webster University*

Voted in by dept to establish and maintain a high academic quality clinical experience for students that adheres to professional ethical codes (ACA Code of Ethics, 2005; ACES Code of Ethics, 1998) and aligns with

*Updated June 2020*

professional standards (CACREP); and ensures that related protocol is followed and adhered to at extended campuses in order to maintain consistency of experience within the Counseling degree program. Responsible for the quality of the clinical experience including cohesiveness and comprehensiveness of the clinical experiences of our counseling degree students throughout the program. Collaborate with Dept Chair and extended campus coordinators (or state coordinators in SC and FL) to organize and adapt the clinical experiences within the COUN curriculum to meet professional ethical codes (ACA, ACES); professional standards (CACREP); individual state laws in which program is taught; and individual state licensure requirements in which program is taught. Exercises oversight of COUN 6000 Practicum & COUN 6500 Internship. Meet with field experience sites. Collaborate with dept faculty to update field experience syllabi and *Text and Course Guide List*. Collaborate and inform outside institutional staff/depts in regard to clinical experiences of program when necessary.

**Associate Chair, Extended Campuses and Clinical Program,  
Professional Counseling Dept.**

June 2015—May 2016

*College of Arts and Sciences, Webster University*

Recruited by dept chair to oversee general Program implementation at all extended campuses including general concerns with extended campuses; leadership of monthly extended campus conference call to maintain update of Program changes; and approval of adjunct faculty, PORs and Transfer of Credits. Manage all clinical aspects of the Counseling Program nationwide and at home campus including managing most/all student disputes related to clinical program; curriculum and practice concerns related to the clinical program; high risk field experience situations (i.e., student situations involving ethical and legal violations resulting in remediation efforts); training of faculty related to clinical program. Wrote clinical portion (and more) of the Department accreditation self-study.

**Co-Chair, Clinical Program and Extended Campuses  
Professional Counseling Dept.**

Jan 2015—May 2015

*College of Arts and Sciences, Webster University*

Recruited by dean to step in as co-chair of department on short notice. As co-chair, shared responsibilities with co-chair to structure the department operations around professional accreditation needs; as co-chair, oversee the clinical program nationwide in addition to extended campus issues related to faculty and student affairs; and represent department as liaison with CACREP accrediting body. Structuring department operations around accreditation involves development and organization of current and new committees, conceptualization and development of program accreditation process proposal including conceptualization and development of the department organization chart, catalog revision duties, search committee duties; oversight of Admissions Committee, National Clinical Team, and WEBG Clinical Team, and Advisory Committee; share responsibilities in developing faculty relations within dept. Working with extended campuses involves management of weekly clinical issues and management of faculty approvals, PORs, and transfers. Overall, oversight of extended campuses in regard to clinical and faculty issues; oversight of accreditation process; and shared responsibilities around conceptualization, development and implementation of 1500 student, 20 campus clinical counseling program.

**Associate Chair, Extended Campuses and Clinical Program,  
Professional Counseling Dept.**

July 2014—Jan 2015

*College of Arts and Sciences, Webster University*

Recruited by dean to manage all concerns, issues, and curriculum related to clinical aspect of counseling program nationwide and at home campus. This involved training faculty; oversight and development of related curriculum, supporting structure, and documents; high risk field experience situations (i.e., student situations involving ethical and legal violations resulting in remediation efforts); training of faculty. Also managed faculty approvals, PORs, transfers and Graduate Council cases. Also developed clinical aspects (and more) to department accreditation self-study.

**Program Clinical Coordinator, Professional Counseling Dept.**

Oct 2013—Feb 2015

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*College of Arts and Sciences, Webster University*

Recruited by Dean to establish and maintain a high academic quality clinical experience for students that adheres to professional ethical codes (ACA Code of Ethics, 2005; ACES Code of Ethics, 1998) and aligns with professional standards (CACREP); and ensures that related protocol is followed and adhered to at extended campuses in order to maintain consistency of experience within the Counseling degree program. Responsible for the quality of the clinical experience including cohesiveness and comprehensiveness of the clinical experiences of our counseling degree students throughout the program. Collaborate with Dept Chair and extended campus coordinators (or state coordinators in SC and FL) to organize and adapt the clinical experiences within the COUN curriculum to meet professional ethical codes (ACA, ACES); professional standards (CACREP); individual state laws in which program is taught; and individual state licensure requirements in which program is taught. Exercises oversight of COUN 6000 Practicum & COUN 6500 Internship. Serve on Counseling Advisory Committee. Meet with field experience sites (ongoing and potential) to develop and coordinate a base of sites that will provide quality, comprehensive professional counseling field experiences for program practicum and intern students. Collaborate with dept faculty to update field experience syllabi and *Text and Course Guide List* on annual basis (for each new academic year beginning summer term). Collaborate with and informs dept faculty to update clinical counseling library holdings. Collaborate and informs outside institutional staff/depts in regard to clinical experiences of program when necessary. Collaborate with and informs WWCD on faculty approvals of clinical faculty at extended campuses

**Worldwide Director of Professional Counseling Program**

April 2008-Sept 2012

*Dept. of Behavioral and Social Sciences, College of Arts and Sciences, Webster University*

Recruited by dean, dept, and university team to coordinate and administrate the counselor education and supervision program serving approximately 2,000 students at 25 campuses worldwide. Developed formal policies and procedures for all aspects of the worldwide counselor education program and collaborated with extended campuses concerning the implementation of said policies. Developed and implemented the plan to align the counselor education curriculum to align with profession standards, ethical practice, and varying state licensure requirements. Developed the program assessment plan and, in collaboration with the Associate Dean of A&S and the Director of Academic Assessment, guide, implement, and revise the learning assessment project for the worldwide Counseling program; and lead periodic assessments of the program overall as well as per campus. Developed plan for the system wide accreditation project through the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Collaborated with various University departments to implement the Program including: biweekly meetings with the college dean, monthly or as needed meetings with Academic Affairs, bi weekly meetings with Graduate Council, and meetings as needed with Advising, Graduate Admissions, Registrar, Financial Aid, etc. Collaborated with faculty, staff, and administrators at extended campuses on various projects including: contracted with the US Army to become the third of three institutions selected for education of Army chaplains; development and coordination of national research projects including critical components of disaster relief counseling. Maintain regular and clear communications among all counseling program coordinators, site directors, and central administration. In collaboration with Counseling Program Coordinators, maintained good standing with all state licensure boards. Achieved and maintained good standing with professional counseling organizations. Reviewed/approved all Counseling program coordinator and faculty appointments. In collaboration with site directors and relevant associate VP's, advised on the growth of the program by identifying and establishing new sites for counselor education as well as those sites potentially requiring teach out (both in the US and in international locations). In collaboration with the Associate Dean of College of A&S and the Academic Distance Learning Center, investigated and guided the development of on-line counseling courses. Advised library on appropriate video and textbook purchases for use by the worldwide Counseling Program faculty. Attended and presented research at conferences and workshops relevant to the field of counselor education and supervision and to positioning the worldwide counseling program. Visited sites as necessary for purposes of quality

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enhancement and growth. Investigated and lead in the development of new counseling curricular initiatives, including the certificate in Disaster Relief Counseling, certificate in Marriage and Family Therapy; and new program emphases such as school guidance counseling, addictions counseling, and joint ventures with local educational institutions (Eden). Developed/wrote and implementing three year plan to revise the COUN program to updated standards and practice currently followed by counselor education programs. Initiated, located, and collaborated with the consultant who developed the MO state proposal for school guidance counseling curriculum. Multiple additional administrative responsibilities involved in managing a 2000 student program taught at 25 campuses worldwide with minimal administrative assistance.

*Advise 80+ counseling students*

**Director, School and Family Counseling Training Center**

May 2007—May 2008

*Division of Counseling and Family Therapy, University of Missouri-St. Louis*

Program Chair, Mark Pope, Ed.D.

Responsible for startup operations and continued administration of a clinical counseling training center bridging counseling services between the community and masters and doctoral practicum students and interns at a sliding fee scale clinic. The Center provided counseling services pertaining to clinical training of graduate counseling students, community outreach, research, and supervision of community professionals. The Center was established to coordinate school counseling students with local schools and community counseling graduate students with community members. As director, coordinated and directed all aspects of clinical training at the Center including: administration of center, on site supervision of counselors and of client crisis situations, securing funding/private grants; consultation/communication with faculty regarding center operations, etc.; securing counseling service partnerships with local private schools and public school districts; representation and promotion of center at various community functions; coordination and development of media relations; coordination and development of referral partnerships with other university professionals and programs; coordination and consultation with students and faculty regarding operations and procedures of center; management of client oppositions when appropriate; intake of new clientele; negotiation and coordination with outside agencies requesting center counseling services; management of physical facilities; supervision of research at the center; training of new personnel; and development of research regarding supervision and program development.

**SPECIALIZED ACCREDITATION**

**Site Team Visitor and Chair, Council on Accreditation and Counseling Related Educational Program**

April 2008—Present

Site Team Visitor and Chair for national accrediting body for counseling and related programs. Lead site team visits and assess counselor educator and preparation programs preparing for national accreditation. Site team visit includes four days of intensive (16-18 hr days) review of a program's match with 280+ professional standards that define counselor education in the United States. This is a voluntary position.

**Coordinator, CACREP Program Re-Accreditation Self Study**

August 2006—June 2008

*University of Missouri, St. Louis*

Coordinated with division chair to write the CACREP re-accreditation self-study for the Division of Counseling and Family. Eighteen-month process of gathering data, coordinating faculty, and developing written report substantiating findings for self-study to comply with CACREP standards.

**Steering Committees: CACREP Accreditation of Home Campus and extended campuses--ongoing  
Webster University**

March 2012- December 2016

Member of Program Steering Committees for CACREP accreditation program preparation.

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**TEACHING****Associate Professor***Department of Professional Counseling, Webster University*

June 2016-present

Teach 8 course load per year

Chair, Muthoni Musangali, Ph.D.

**Assistant Professor***Department of Professional Counseling, Webster University*

Jan 2015-May 2016

Teach 8 course load per year, with 3 releases for co chair

Co-Chairs, Hsin Hsin Huang, Ph.D. and Stacy Henning, Ph.D.

*Department of Professional Counseling, Webster University*

June 2013- Dec 2014

Teach 8 course load per year

Chair, Hemla Singaravelu, Ph.D.

*Counseling Program, Department of Behavioral and Social Sciences, Webster University*

Teach 8 course load per year

August 2011-June 2013

Teach and develop in hybrid, Webex, and on ground graduate level courses in counselor education program and supervision including:

- **Counseling Practicum**
- **Family Systems Theory and Therapy**
- **Foundations of Counseling**
- **Professional Orientation and Ethics**
- **Counseling Internship**
- **Techniques of Counseling**
- **Techniques of Group Counseling**
- **Theories of Counseling**
- **Introduction to Neuro-psychotherapy (8 sessions, 1 clock hour each for discussion learning seminar)**

**Full time Voting Faculty, Clinical Assistant Professor**

August 2007—April 2008

**Full time Faculty, Senior Lecturer and Clinical Supervisor\***

August 2006—May 2007

*Division of Counseling and Family Therapy, University of Missouri-St. Louis*

Chair, Mark Pope, Ed. D., Chair

Teach graduate level courses in counselor education program and supervision including:

- **School Counseling Practicum**
- **School Counseling Internship**
- **Community Counseling Practicum**
- **Professional and Personal Development in Counseling (screening course)**
- **Theories of Counseling**
- **Marriage and Family Theory**
- **Family Theories**
- **Integrating Religion and Spirituality into Counseling (Developed/wrote course)**

\*Developed the supervision model used by many Division supervisors and each semester, trained doctoral student practicum supervisors on model

**Senior Lecturer**

Summer 2005—August 2006

*Division of Counseling and Family Therapy, University of Missouri-St. Louis*

Supervisor, Therese Cristiani, Ed. D.

Teach graduate level courses in counseling including:

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- **Integrating Religion and Spirituality into Counseling** (Developed/wrote course)

**Graduate Teaching Assistant** August 2003 – Dec. 2005  
*Division of Counseling and Family Therapy, University of Missouri-St. Louis*  
 Supervisor, Therese Cristiani, Ed. D.

- **School Counseling Field Experience I**
- **School Counseling Field Experience II**
- **Personal and Professional Development in Counseling**

### **CLINICAL SUPERVISION**

**Approved Clinical Supervisor (NBCC certification) to LPC** August 2010-Present  
 Approved by and listed with MO State LPC Board to supervise PLPCs on path to MO LPC licensure.

**Clinical Faculty Supervisor** January 2009--Present  
*Webster University*  
 Supervise practicum students: Serve as faculty supervisor to approximately 12 master's practicum students per 9 week accelerated term in practicum course. Coordinate efforts with site supervisors.

**Clinical Faculty Supervisor** August 2003--May 2008  
*University of MO, St. Louis,*  
 Supervised doctoral and masters' practicum students and interns; and students identified as needing remediation/special external supervision.

### **COUNSELING PRACTICE**

**Owner/practitioner** March 2017---2019  
*West County Womens and Couples Counseling, LLC*

**Counselor** (grant for families and persons with neuromuscular disease) January 2006—April, 2008  
*University of Missouri, St. Louis*  
 Supervisor, Mark Pope, Ed.D.

**Doctoral Intern** May 2004—January 2006  
*University of Missouri, St. Louis, Counseling Individuals with Neuromuscular Disease Grant Project*  
 Supervisor, Rocco Cottone, Ph. D.  
 Provided individual, couple and family counseling for individuals with neuromuscular disease.

**Doctoral Practicum** August 2003—December 2003  
*University of Missouri, St. Louis*  
 Supervisor, Dawn Szymanski, Ph. D.  
 Provided individual counseling for master's students in counseling program, conducted research with one faculty member, taught and co-taught a variety of courses, supervised master's practicum students.

**PLPC** August 1998—September 1999  
 Supervisors, Brian Salminen, Ph. D., Marti Lindvedt, MA, at Concordia Seminary, Clayton, Missouri.  
 Provided individual, couple, and family therapy for clients referred from Concordia seminary and community. Provided same for outside referrals generated from local churches. Relocated to CA so allowed MO licensure file to close.

### **BUSINESS EXPERIENCE**

**President** November 1991 – December 1996  
*CardiacLink, Inc., Chesterfield, Missouri and Los Angeles, California*  
 Recruited by investment team to develop specialty search consulting firm for physicians and administrators in the field of cardiac care. Devised and implemented strategic business and marketing plan for company  
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development. Responsible to Board for all aspects of search consulting, marketing and communications, operations, and finances. Duties included article composition, budget control and forecasting, management and hiring of staff, retaining/maintaining clients, and new growth/profit concepts. Traveled nationwide.

**Senior Search Consultant**

September 1990 – October 1991

*Cardiology Match, Inc. Los Angeles, California*

Promoted from previous position to develop and implement recruitment firm, and act as senior search consultant for firm. Developed original concept and foundation of company. Developed and presented business and marketing plan to parent company. Handled hiring, management, and training of all personnel. Designed, managed, and coordinated company start-up. Managed client accounts. Developed and presented business education seminars to cardiology fellows at cardiac fellowship programs nationwide.

**Senior Consultant and Market Analyst, Marketing and Planning**      October 1987 – December 1990

*John Goodman and Associates, Los Angeles, California*

Conducted market assessments to determine potential market for specific hospital and/or physician practice services. Designed and wrote detailed marketing plans correlating to the findings of the market assessments. Made formal presentations of marketing plans and market assessments to clients; implemented initial phase(s) of plans and consulted client on implementation phases and further needs. Assisted in the marketing of the firm including editing and production of two newsletters; promotion of two books; design/production of image brochure; promotion of quarterly conferences; promotion and production of client networking conferences, special edition newsletters, client surveys, cruise conference. Lectured and presented workshops at quarterly conferences.

**Director of Professional Relations**

August 1986 - October 1987

*CPC Psychiatric Hospitals, Alhambra Hospital, Los Angeles, California*

Recruited by corporation CEO to develop, pilot and train others on start up position; under direction of President of 100+ hospitals organization. Acted as liaison between medical staff and administration: assisted hospital Administrator with physician recruitment; directed new medical staff in marketing their practices; coordinated physician meetings; participated in treatment planning; and set up medical staff history. Public Relations responsibilities: conducted fund raising for NAPPH; developed Employee of the Month program; developed Guest Relations program; coordinated staff seminars; produced monthly newsletter; coordinated new physician office space.

**RESEARCH**

**While Administrator and Dept. faculty:**

August 2007-Present

*Webster University*

Current research includes mixed methods study looking at theoretical applications/approaches used in counseling settings compared to traditional theoretical approaches taught in CES programs; various chapters, articles, and a text on ethics; legislative grass roots efforts on referral efforts of counseling students and graduates; clinical supervision. Research since starting at Webster: components of disaster relief curriculum; and human rights and counseling.

**While Clinical Assistant Professor/ Director of SFCC:**

August 2007—April 2008

*Division of Counseling and Family Therapy, University of Missouri-St. Louis*

Research included studies on: increasing multicultural competency in practicum experiences, market survey of CACREP accredited training center operations, belongingness as related to religion of origin and oppression related to LG population.

**While Senior Lecturer:**

August 2006-August 2007

*Division of Counseling and Family Therapy, University of Missouri-St. Louis*

Research included religion and the LGBT population; multicultural issues in supervision; and dissertation topic.

**While Graduate Research Assistant:**

August 2003 – August 2006

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*Division of Counseling and Family Therapy, University of Missouri-St. Louis*

Research included the integration of religion and spirituality in counseling and bio-psycho-social aspects in counseling.

### **HONORS and FELLOWSHIPS**

**Special Congressional Recognition**, given by Senator Carnahan, April 2009, for participation in *Current Issues in Mental Health* while representing Webster University

**Outstanding Faculty Award**, University of Missouri, St. Louis, 2006-2007

**Psychotherapy with Women Award 2005**, American Psychological Association, Division 35 (Psychology of Women): Co-recipient Dawn M. Szymanski

**Outstanding Doctoral Student Award**, University of Missouri, St. Louis, 2003-2004

**Senior Teaching Assistant**, University of Missouri, St. Louis, August 2004

**Fellowship**, University of Missouri, St. Louis, 2005-2006 academic year

**Fellowship**, University of Missouri, St. Louis, 2004-2005 academic year

**Fellowship**, University of Missouri, St. Louis, 2003-2004 academic year

**Graduate Assistantship**, University of Missouri, St. Louis, 2005-2006 academic year

**Graduate Assistantship**, University of Missouri, St. Louis, 2004-2005 academic year

**Graduate Assistantship**, University of Missouri, St. Louis, 2003-2004 academic year

### **PUBLICATIONS and PRESENTATIONS**

#### **PUBLICATIONS**

Sheperis, D., Henning, S. L., Kocet, M. (2015). *Ethical Decision Making in the 21st Century*. Thousand Oaks, CA: Sage.

Buckley, M.R. & Henning, S. (2014). Education, credentialing, and professional development. In D. S. Sheperis & C. J. Sheperis (eds.). *Clinical Mental Health Counseling: Fundamentals of Applied Practice*. Upper Saddle River, NJ: Pearson.

Henning, S. L. (2013). Ethical decision making. In D. Levitt & H. J. Hartwig Moorhead (Eds.), *Values and Ethics in Counseling: Real-Life Ethical Decision-Making*. New York: Routledge.

Thomas, R., & Henning, S. L. (2012). Clinical counseling in Switzerland. *Journal of Counseling and Development, special edition*.

Thomas, R., & Henning, S. L. (2012) Counseling in Switzerland. In T. Hohenshil (Ed.) *International Counseling*. Washington, DC: American Counseling Association.

Henning, S. L. (2009). *Professional Counseling Student Handbook*. Unpublished manuscript, Department of Behavioral and Social Sciences, Webster University, Webster Groves, Missouri.

Henning, S. L. (2007). *A qualitative analysis of pastoral counseling and professional counseling that integrates religion and spirituality in a secular setting: Best practice protocol* (Doctoral dissertation) Retrieved from [www.umsl.edu/library](http://www.umsl.edu/library)

Henning, S. L. (2007). *School and Family Counseling Training Center Operations Handbook*. Unpublished manuscript, Division of Counseling and Family Therapy, University of Missouri, St. Louis, St. Louis, Missouri.

Szymanski, D. & Henning, S. L. (2007). The role of self-objectification in depression and sexual dysfunction in women: A test of objectification theory. *Sex Roles, 56*, 45-63.

Henning, S. L. (2006). Scholarly dialogues: An interview with Dr. Mary Heppner. *WomanView, APA Division 17 (Counseling Psychology) Section for the Advancement of Women Newsletter*.

Henning, S. L. (2006). Scholarly dialogues: An interview with Dr. Melba Vasquez. *WomanView, APA Division 17 (Counseling Psychology) Section for the Advancement of Women Newsletter*.

Henning, S. L. (2006). Scholarly dialogues: An interview with Dr. Tania Israel. *WomanView, APA Division 17 (Counseling Psychology) Section for the Advancement of Women Newsletter*.

Henning, S. L. (2006). *CACREP self-study*. Unpublished manuscript, Division of Counseling and Family Therapy, University Of Missouri, St. Louis, St. Louis, Missouri.

Thomas, A., Levitt, D., & Henning, S. L. (2012). The Application of Ethical Decision-Making and Self-Awareness in the Counselor Education Classroom. *Journal of Counselor Preparation and Supervision*,



4(2), 41-52. <http://dx.doi.org/10.7729/42.0029>

**Posters and Paper PRESENTATIONS:**

- Henning, S., & Gutterman, G (May, 2016). *Micro aggressions in the classroom*. SOE Conference on Diversity training. Webster University, Webster Groves, MO.
- Gonzalez, M., Cameron, E., Meyer, D., Henning, S., & Pangelinan, J. (March, 2015). *Counselors on the front line: Social Justice Counselor Activities*. Poster presentation to the American Counseling Association Convention, Orlando, FL
- Henning, S. L., & Chakaryan, H. (October, 2014). *Non Traditional families: Assisting them through life transitions*. Presentation at the Year of Human Rights Conference, Webster University, St. Louis MO.
- Vaughn, V., & Henning, S. L. (April, 2013). *Looking Ahead: The Expanding Code of Ethics*. Presentation to the American Counseling Association, Missouri Chapter, Jefferson, MO.
- Hohenhil, T., & Niles, S., Henning, S. L., & Thomas, R., (March, 2013). *International counseling*. Panel presentation at the American Counseling Association Convention, Cincinnati, OH.
- Farah, I., Dinsmore, J., Estrada, D., Goodnough, G., & Henning, S.L. (March, 2012). *ACA Code of Ethics and Social Justice: A Panel Discussion on Integrating Social Justice into the New ACA Code of Ethics*. Panel presentation at the American Counseling Association Convention, San Francisco.
- Henning, S. L., Walsh, M., Martz, E., Henderson, K., Perkins, G., & Clark, E. (March, 2012). *Current trends in ethics: A discussion with the ACA Ethics Committee*. Panel presentation at the American Counseling Association Convention, San Francisco.
- Henning, S. L. (April, 2011). *Q&A on ethics*. Ninety-minute panel presentation at the American Counseling Association, Missouri Chapter, Jefferson City, MO.
- Henning, S. L. (April, 2011). *Informed consent*. Ninety-minute presentation at the American Counseling Association, Missouri Chapter, Jefferson City, MO.
- Henning, S. L. (March, 2010). *Components of a disaster relief counseling curriculum*. Poster presented at American Counseling Association Convention, Pittsburgh, PA.
- Henning, S. L. (October, 2009). *How to motivate your students and faculty into human rights activities*, Poster presented at the Association of Counselor Educators and Supervisors, Conference, San Diego, CA.
- Henning, S. L. (October, 2009). *Supervision: A developmental model for customizing student learning*. Sixty-minute session at the Association of Counselor Educators and Supervisors Conference, San Diego, CA.
- Henning, S. L. & Kashubeck West, S. (March, 2008). *Religion of origin and belongingness the LG population*. Poster presented at the American Counseling Association Convention, Honolulu, HA.
- Pope, M. L., Henning, S. L., Pangelinan, J. S. (March, 2008). *Completing the dissertation process*. Panel presentation presented at the American Counseling Association Convention, Honolulu, HA.
- Henning, S. L. (October, 2007). *Spiritual counseling or spirituality in counseling? Experts speak*. Poster presented at the Association for Counselor Educators and Supervisors National Conference, Columbus, Ohio.
- Henning, S. L., & Pangelinan, J. (March, 2007). *Developmental Supervision Model for Advanced Skill Integration and Multicultural Competence*. Poster presented at the American Counseling Association Convention, Detroit, Michigan.
- Henning, S. L. & Kashubeck West, S. (August, 2007). *Religion and sexual orientation in men and women*. Poster presented at the American Psychological Association Convention, San Francisco, CA.
- Henning, S. L. (October, 2005). *Integrating religion and spirituality in counseling*. Roundtable facilitator at the Association for Counselor Educators and Supervisors National Conference, Pittsburgh, PA.
- Henning, S. L. (October, 2005). *The relationship between multicultural supervision and outcome research*. Poster presented at the Association for Counselor Educators and Supervisors National Conference, Pittsburgh, PA
- Szymanski, D., & Henning, S. L. (July, 2005). *Self-objectification in depression and sexual dysfunction in women*. Poster session presented at the American Psychological Association Convention, Washington DC.
- Henning, S. L. (April, 2005). *The link between religiosity and wellness and why to consider it in practice*. Poster session presented at the American Counseling Association Convention, Atlanta, Georgia.

- .Henning, S. L. (October, 2004). *College of Education: The Division of Counseling and Family Therapy: Mission, objectives, and goals*. Poster session presented at the accreditation visitation of the Missouri Department of Elementary and Secondary Education, St. Louis Missouri.
- Henning, S. L. (April, 2004). *The link between religiosity and wellness and why to consider it in practice*. Poster session presented at the annual fair of the Graduate School, University of Missouri, St. Louis.
- Henning, S. L., & Lickerman, S. E. (March, 2004). *The current relationship between wellness and spirituality*. Paper presented at the meeting of the Missouri Association for Marriage and Family Therapists Annual Conference, St. Louis, Missouri.

### TRAININGS

#### Couples:

- Integrating Sex and Intimacy. (1995). San Francisco.
- Smart Marriages Happy Families. (1997, 1998).
- Gottman, J., & Gottman, J. (1998). Sound House Theory. Seattle, WA.
- Gottman, J., & Gottman, J. (2017). Level 1, Clinical training: Gottman method couples' therapy—Bridging the Couples' Chasm. Gottman home study DVD and CE assessment.
- Gottman, J., & Gottman, J. (2017). Level 2, Clinical training: Gottman method couples' therapy—Assessment Intervention, and Co-Morbidities. Gottman home study DVD and CE assessment.
- Gottman, J. (2017). Making relationships work. PESI home study DVD.  
*Accompanying book: The Relationship Cure by J. Gottman*
- Gottman, J. (2017). Building trust, love and loyalty in relationships. PESI home study DVD.
- Gottman, J. (2017). The science of trust and betrayal. Gottman home study DVD and CE assessment.
- Gottman, J. (2017). Healing couples from the betrayals of an affair. Gottman home study DVD and CE assessment.
- Johnson, S. (2006). Emotion Focused Therapy. Creve Coeur, MO.  
*Accompanying text, Emotion Focused Couples Therapy by S. Johnson.*
- Johnson, S. (2017). Sex and the bonds of love. PESI home study DVD.
- Johnson, S. (2017). Attachment theory and science. PESI home study DVD.
- Johnson, S. (2017). Changing attachment bonds. PESI home study DVD.
- Johnson, S. (2017). Healing toxic injuries in love relationships. PESI home study DVD.
- Johnson, S. (2017). Defining moments in couples' therapy. PESI home study DVD.

#### Motivational Interviewing:

- Fralich, T. (2014). Advanced mindfulness: Integrating mindfulness, meditation and cutting edge neuroscience in the treatment of anxiety, anger and depression.
- Wiles, M. (2015). Motivational interviewing: Overcoming client resistance to change. Maryland Heights, MO.
- Matulich, W, (2016). Motivational interviewing: Eliciting clients' own arguments for change. Maryland Heights, MO.  
*Accompanying workbook: Building Motivational Interviewing Skills: a practitioner workbook by D. Rosengren*
- Motivational Interviewing. (2017). Psychotherapy.Net, 12-hour online course.

#### Neuroscience:

- Armstrong, C. (2016). Brain based therapy and practical neuroscience. Clayton, MO.  
*Accompanying text, The Therapeutic "Aha!" by C. Armstrong*
- Simpkins, C. A. (2017). Neuroscience for clinicians: Brain change for stress, anxiety, trauma, moods and substance abuse. PESI home study DVD.
- Arden, J. (2017). Brain-based therapy and practical neuroscience: Attachment and emotion regulation. PESI home study DVD.  
*Accompanying text, A Counselor's Introduction to Neuroscience by McHenry, Sikorski and McHenry.*
- Cohen-Posey, K. (2017). Neuroscience for clinicians: Brain change for anxiety, trauma, impulse control, depression and relationships. PESI home study DVD.
- Milios, R. (2017). Neuroscience and brain based therapy: transformational techniques for your practice. PESI home study DVD.

a. Trauma:

Huang, H.H. (2015). Treating developmental trauma. Webster Groves, MO.

Armstrong, C. (2016). The new rules for treating trauma: Rewiring the brain. PESI home study DVD.  
*Accompanying text, Trauma Competency: A Clinician's Guide by L. Curran*

Dubai, M. (2016). The 10 Core competencies of trauma, PTSD, grief and loss. Maryland Heights, MO.  
*Accompanying text, 101 Trauma Informed Interventions by L. Curran*

*Accompanying text, Trauma Made Simple: Competencies in Assessment, Treatment and Working with Survivors by J. Marich*

Armstrong, C. (2018) Trauma and RECONsolidation; Two day training. *St. Louis MO, Sept 2018*

b. Mindfulness:

*Hardwiring Happiness: The New Brain Science of Contentment, Calm, and Confidence by R. Hanson*  
*The Mindfulness Movie by B. Chasse. Spring 2017.*

*What Every BODY is Saying by J. Navarro. Spring 2017.*

*Unmasking the Face: A Guide to recognizing Emotions from Facial Expressions by P. Ekman and W Friesen, Spring 2017*

Theory and Practice:

Master EFT Team Trainers, Externship, *Emotion Focused Therapy, Level 1*. Webster University, June 12-16, 2017.

S. Johnson, et al. *Emotion Focused Summit 2017*. San Diego, CA. Oct 12-17, 2017

Fuller, G, & Furrow, J. (2018). *The power of family attachments*. Pesi, CD/DVD 4 hour training.

Certified additions-informed mental health professional (CAIMHP): Two day intensive competency training. Pesi, CD/DVD

Other:

H. Winokuer, PhD, FT, *Transforming Grief and Loss*, St. Louis MO, October 2019

Houston, Meagan. (2016). *Suicide and non-suicidal self-injury: New directions for the treatment for suicidal and NSSI behaviors*. Pesi, CD/DVD 7 hr training.

RESEARCH GRANTS

Szymanski, D. & Henning, S. (2007). The role of self-objectification in depression and sexual dysfunction in women: A test of objectification theory. University of Missouri - St. Louis College of Education Research Grant, \$1,000 requested; \$1,000 received.

Henning, S. L. (2005, July). *The relationship between secular counseling that integrates religion and spirituality and pastoral counseling*. University of Missouri-St. Louis College of Education Dissertation Research Grant: \$500 requested; \$300 received.

ACADEMIC AND PROFESSIONAL SERVICE ACTIVITIES

Member, Counseling Department Representative search committee, WEBG replacement line, February 2021- present

Member, Counseling faculty search committee, South Carolina core faculty line replacement, June 2019-June 2020

Member, CAS Restructuring Committee, March 2019-Fall 2019

Member, Hybrid Program Development Committee, March 2019-Fall 2019

Member, PSE Review Committee, Spring summer 2018

Member, WEBG Clinical Team, Fall 2012-Present

Director, Member, WEBG Clinical Team, Webster University, Sept 2013-2016

Director, Member, National Clinical Team, Webster University, January 2015-2017

**Co-Review and Revise** with one other faculty, MFT courses Summer 2018--present

**Co-Review and Revise** with two other faculty, Foundations and Ethics courses (summer 2018)

**Co-Review and Revised** with two other faculty on each course: Foundations, Ethics, Practicum, Internship,

*Updated June 2020*

Group techniques, Techniques of Counseling, Family Systems (course lead on all except Foundations and Group) 2015-2016

Member, **Library Budget Committee**, Spring 2018

Member, **Department Admissions Committee**, June 2017-January 2021

Chair and Site Team Visitor, **Council for the Accreditation of Counseling and Related Programs/CACREP**, 2008-Present

(Invited) Ambassador, **International Registry of Counselor Education Programs, Council for the Accreditation of Counseling and Related Programs/ CACREP**, August 2014—Present

Member, **Admissions Committee**, Webster University, February 2014-Jan 2015

Member, **University of Missouri – St. Louis Department of Counseling and Family Therapy Ph.D. in Education in Counseling Advisory Board**, UMSL, August 2014-2018

Member, **SOE Task Force on Advising with Disabled Students**, Webster University, January-February 2015

Member, **Graduate Council**, Webster University, August 2014-February 2015

Member, **CACREP self-study team**, WEBG, November 2013-2016

Member, **CACREP self-study team**, South Carolina, July 2014-2018

Member, **Online Curriculum Committee**, Professional Counseling Dept., Webster University, August 2014-Sept 2014

Interim Member, **Multicultural Committee**, Webster University, Jan 2014—May 2014

Member, **Multicultural Committee**, Webster University, AY 2014-15, AY 2015-16, AY 2016-17

Co-chair, **Counseling faculty search committee**, WEBG online core faculty line 7, February 2014-June 2014

Chair, **Counseling faculty search committee**, WEBG, core faculty line replacement, March 2015-July, 2015

Member, **Counseling faculty search committee**, South Carolina, core faculty line 13, January 2015- June 2015

Member, **Counseling faculty search committee**, South Carolina, core faculty line 12, January 2015- June 2015

Member, **Counseling faculty search committee**, Florida, core faculty line 11, July 2014-August 2014

Member, **Counseling faculty search committee**, South Carolina, core faculty line 10, November 2013

Member, **Counseling faculty search committee**, South Carolina, core faculty line 9, November 2013

Member, **Counseling faculty search committee**, WEBG, core faculty line 6, February 2014-May, 2014

Member, **Counseling faculty search committee**, WEBG, core faculty line 5, March 2014-August, 2014

Member, **Counseling faculty search committee**, WEBG, core faculty line 4, February 2013-June, 2013

Member, **Counseling faculty search committee**, WEBG, core faculty line 3, February 2013-May, 2013

Member, **Counseling faculty search committee**, WEBG, core faculty line 1, January 2012-May, 2012

Member, **American Counseling Association Public Policy and Legislation Committee**, 2013-2016

Faculty representative, **Commuter (Student) Council**, Webster University, September 2012—2013

Member, **ACE-International, Campus System Network Subcommittee**, Webster University, March 2012—November 2012

Sr. Chair, **American Counseling Association Ethics Committee**, 2011-12

Co-Chair, **American Counseling Association Ethics Committee**, 2011

Member, **American Counseling Association Ethics Committee**, 2009-2012,

- Also, lead subcommittee on revision of online complaint submission process

Chair, **PSE Revision committee**, Webster University, 2010-2011

Founding member, (revised) **Missouri Association of Counselor Educators and Supervisors**, 2009

Member, **University Assessment Committee**, Office of Academic Affairs, Webster University, 2010-2012

Member, **Legal Studies Task Force**, College of Arts & Sciences, Webster University, 2009

Member, **Year in International Human Rights Steering Committee**, College of Arts & Sciences, Webster University, 2009-2010

Ad hoc, **BSS Dept Liaison, Graduate Council**, Webster University, August 2009-February 2015

Member, **Year in international Human Rights Committee**, College of Arts & Sciences, Webster University, 2008-2009

Member, **Missouri Counselor Educators Committee**. Attend DESE bi annual meetings for Missouri counselor educators and supervisors working in school counseling and MO State Licensure Board biannual review of state LPC licensing regulations; Chair, **subcommittee to MCEC**, working on recommendations to state licensure board re online counseling coursework, 2009-2016

Coordinator, Webster Counseling program presentation to **ACA Human Rights Committee**, 2008-2010

Coordinator, **Accreditation process for CACREP accreditation, development of self-study**, Division of Counseling and Family Therapy, University of Missouri-St. Louis, 2006-January 2008

Member, **Clinical Task Force Committee**, Division of Counseling and Family Therapy, University of

*Updated June 2020*

Missouri-St. Louis, 2006-May 2008

Member, Counseling Training Center Committee, Division of Counseling and Family Therapy, University of Missouri-St. Louis, 2006-May 2008

Missouri-St. Louis, 2006-May 2008

Member, American Counseling Association ASERVIC Awards Committee, 2006 to 2007

Certified disaster counseling volunteer, American Counseling Association /Red Cross Foundations of Disaster Mental Health, March 2009

*Crisis telephone operator, September 11, 2001 National Crisis, October 2001-Dec 2001*

*Onsite volunteer, EF-5 Tornado-National Disaster, Joplin MO, May 2011*

Member, Chi Sigma Iota, Counseling Honor Society, 2007-2020?

Faculty Supervisor, Chi Sigma Iota, Counseling Honor Society, 2007-2008 academic year

**PROFESSIONAL MEMBERSHIPS**

American Counseling Association, (ACA)	1998-March,2017; June 2018--Present
Association for Counselor Education and Supervision (ACES)	2000-Present
International Association of Marriage and Family Therapists (ACA)	1998; 2017-2018
American Association Marriage and Family Therapists (AAMFT)	1998, 2008; 2017-2018
St. Louis Association Marriage and Family Therapists, (AAMFT, St. Louis Chapter)	1998, 2008; 2017-2018
North Central Association for Counselor Education and Supervision (NCACES)	2001-2017
Missouri Association for Counselor Education and Supervision (MO-ACES)	2008-2010
American Mental Health Counselors Association (AMHCA)	2008-2015; 2017
Missouri Mental Health Counselors Association (MMHCA, MO chapter)	2007-2015
Chi Sigma Iota, Honor Society for Professional Counseling Students, member since 2007; faculty supervisor,	
2007-2008	

**REFERENCES****Maria Gonzalez, Ph.D.**—*Professional Colleague*Chair, Counseling Dept.  
ANTIOCH UNIVERSITY  
Mymae78@hotmail.com**Hsin Hsin Huang, PhD, LCSW** —*Professional Colleague*Former Co-Chair and Colleague, Webster Counseling Program,  
Current Associate Professor of Pastoral Theology  
SAINT LOUIS UNIVERSITY  
[huang@ai.edu](mailto:huang@ai.edu)**Jan Munroe, Ph.D.**—*Professional Colleague*Partially retired from academia and practice  
Former Dean of Counseling and Associate Professor, Counseling  
LINDENWOOD UNIVERSITY  
[janmunro@marz.com](mailto:janmunro@marz.com)**Rocco Cottone, Ph.D.**—*Advisor throughout graduate school; Chair, Comprehensive Exams and Dissertation Committees, area of theory; Doctoral Internship Supervisor; and former professor, marriage and family therapy, beginning and advanced; theory, masters and doctoral*Coordinator of Doctoral Programs, Division of Counseling and Family Therapy  
Full Professor, Division of Counseling and Family Therapy  
UNIVERSITY OF MISSOURI, ST. LOUIS  
(314) 516-6094 [cottone@umsl.edu](mailto:cottone@umsl.edu)**Mark Pope, Ed.D.**—*Graduate (Masters) Practicum Supervisor; Comprehensive Exam Committee, area of specialty religion and spirituality and multiculturalism; Dissertation Committee, area of specialty religion and spirituality and multiculturalism; former professor, multiculturalism, masters practicum, and advanced career development*Former Chair, Division of Counseling and Family Therapy, UM, St. Louis  
Full Professor, Division of Counseling and Family Therapy  
UNIVERSITY OF MISSOURI, ST. LOUIS  
Past President, American Counseling Association, 2003 - 2004  
(314) 516-7121 [pope@umsl.edu](mailto:pope@umsl.edu)**Susan Kashubeck-West, Ph.D.**—*Supervisor of Assistantship duties; Comprehensive Exam Committee, area of research; and former professor, research methodology*Associate Professor, Division of Counseling and Family Therapy  
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