

## Dr. REBECCA A. GEORGE, LPC/S, LAC, ACS, NCC

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### EDUCATION AND PROFESSIONAL CREDENTIALS

#### Degrees

Ph.D., 2007, Counselor Education and Supervision (CACREP accredited)  
The University of South Carolina, Columbia, SC  
Dissertation Title: *“Exploring the Mentoring Experiences of Diverse Women in the Academy”*

M.A., 2000, Rehabilitation Counseling (CORE accredited)  
SC State University, Orangeburg, SC

B.S., 1998, Recreation, minor in Therapeutic Leisure services  
Benedict College, Columbia, SC

#### Professional Credentials

Licensed Professional Counselor Supervisor (LPCS #6862) South Carolina  
Licensed Professional Counselor (LPC #5509) South Carolina  
Licensed Addictions Counselor (LAC #407) South Carolina  
National Board Certified Counselor (NCC-205858)  
Approved Clinical Supervisor (ACS-000891)  
CACREP Team Member Associate

### TEACHING EXPERIENCE

Clinical Coordinator, Webster University

*Counseling*

Columbia, SC

08/07-Present position

- Facilitate all aspect of the admissions process from submission deadlines, interviews, and new student orientation.
- Conduct field experience orientation for students and site supervisors; ensure student and site supervisors are aware of requirements and expectations for practicum and internship; ensure power points are updated and information is accurate.
- Provide information for course program planning and requirements for each new student on individual basis; promptly complete requests for graduation and course add or drop; participate in admission interviews and group orientation sessions for new students.
- Provide learner centered course presentation of Social cultural foundations, Career development, Introduction to Counseling, Introduction to Research, Psycho-diagnostics, Counseling Skills and Human Growth & Development courses.
- Served as Chair of annual counseling conference held at SC Metro Campus; coordinated all speakers: opening, breakout and keynote; secured student volunteers and donors for refreshment; covered marketing and brochures.

- Facilitate developmental learning and growth through student chapter presentations, research article analysis, reflection activities, case study analysis, teach OUT opportunities and experiential activities.
- Incorporate technology through use of power point, cd-rom video, and web enhanced course material use via blackboard system/ course or WebCT.

Visiting Assistant Professor, SC State University (CACREP approved program)

*Counselor Education Program*

Orangeburg, SC

08/09-5/10

- Facilitate learning through presentation of course material via lectures, experiential exercises, small & large group work, and pair share, individual reflective activities, and assessments
- Provide advisement of course selection, practicum, and internship placement options; provide practicum and internship supervision
- Active member of department meetings; planning for A. I. Mose Annual Counseling Conference
- Serving as faculty advisor for Rho Lamda Mu Chapter of Chi Sigma Iota Counseling Honor Society; coordinated and presided over Fall induction ceremony

Richland County School District One

*Teacher, Special Education Department*

Columbia, SC

10/05- 05/09

- Provide case management coordination services to include assessment, planning, monitoring, advocacy & intervention to enable students with disabilities to secure and maintain employment
- Provided general education and career development counseling to students; applied professional knowledge of the theories, principles and techniques of adult general education to counsel student in attaining career related training and educational goals
- Provided differentiated instruction & case management of Individual Education Plans to high school students in special education; schedule student core classes to meet IEP goals. Taught core subjects to include Math, Science, English, Social Studies material daily.
- Actively participated in IEP meetings as advocate for student academic needs; provided case management to cover Individualized Educational Plans (IEP's).
- Completed documentation on each student to include Brigance testing, Curriculum Based Assessment, and Progress notes per IDEA & 504 requirements.

Doctoral Internship (600 hours) Instructor, University of South Carolina

*Counselor Education Department*

Columbia, SC

08/04-05/05

- Taught EDCE 600 communication skills course for master's level students.
- Facilitated experiential activities that provided optimal opportunities for student learning of communication skills in counseling

- Conducted online instruction to develop student technology competence
- Facilitated lecture lessons on chapter material from the Ivey text on intentional interviewing and counseling
- Supervised practical learning through the use of counseling lab to reinforce text material with application

Teaching Assistant, University of South Carolina

*Counselor Education Department*

Columbia, SC

5/04-8/04

- Provided teaching assistance for major professor in a graduate level distance education course, Introduction to Counseling (EDCE 510J).
- Covered 8 CACREP criteria areas for counseling programs
- Lectured on designated chapters
- Assisted with experiential classroom activities
- Managed and assessed students progress utilizing Blackboard E-learning program
- Complied final exam questions and graded papers

### **CLINICAL EXPERIENCE**

Clinical Therapist, Three Rivers Behavioral Healthcare  
SC

W. Columbia,

03/2013-09/2013

- Provide case management activities to dual diagnoses patients who suffered from alcohol misuse and other drugs
- Facilitated group therapy with substance users to encourage personal reflection and introspection regard why they use
- Provided follow up care based on patient need
- Participated in weekly social work staff meetings
- Attended professional development activities as needed

Counselor, TRIO program-University of S.C.

Columbia, SC

08/04-10/05

- Provided case management activities that implemented supplemental guidance services to participants enrolled at three local high schools (case load of 350 students).
- Services included academic, career and college preparation sessions such as assistance with selecting appropriate courses for diploma track, choosing a college & major, completing college applications.
- Facilitated psychosocial development through mentoring and self-esteem building workshops.
- Conducted individual and group counseling sessions on goal setting, study skills and money management techniques. Provide college bound students that participate in Educational Talent Search program with college counseling through administration of the Myers Briggs, Strong interest inventory and the Holland Self Directed Search.

- Provided parent education workshops to encourage involvement in their child's educational future Assist students with choosing a college, the application process and completing financial aid application.

Doctoral Practicum (150 hours), Carolina Children's Home  
Columbia, SC  
1/04 -5/04

- Provided individual and group counseling for elementary students attending alternative school program.
- Documented student progress in weekly summary notes
- Met with practicum supervisor daily to plan agenda for the day

Clinical Coordinator, Carolina Children's Home  
1/01-1/03  
Columbia, SC

- Interviewed potential clients to assess needs and determine suitability for agency treatment philosophy while securing information such as medical, psychological, and social factors contributing to client's situation, and evaluates these and clients' capacities.
- Counseled client individually, in family, or in small groups regarding plans for meeting needs, and aids client to mobilize inner capacities and environmental resources to improve social functioning.
- Facilitated life/career development plans and client decision-making, including assessment of leisure interest, skills, and experiences
- Provided individual and group employability development skills instruction
- Documented case management services to clients and their families to include individualized treatment plans and weekly summary notes.
- Provided consultation and clinical supervision, support, and training for all direct care staff to ensure the implementation of effective services for the youth in care.
- Provide case management coordination services to include assessment, planning, monitoring, advocacy & intervention to enable persons with disabilities to achieve and maintain employment

Intensive Family Therapist, Family Preservation Services  
3/02-1/03  
Columbia, SC

- Provided therapeutic counseling services to clients enrolled in home-based treatment services.
- Developed and maintains close working relationship with the client, family, and other treatment team members.
- Developed and coordinates, and facilitates treatment planning to include formulation, reviews, and reformulations as needed.

## **SUPERVISORY EXPERIENCE**

Clinical Supervisor, clinical contract supervision  
08/2017-Present

- Provide opportunities to understand the importance of supervisory relationship issues; Define and understand parallel process in clinical supervision
- Review basic implications of clinical supervision and standards of client care; review basic gender issues in clinical supervision
- Discuss basic legal issues in clinical supervision and the fundamental ethical issues in clinical supervision

LPC Supervision  
1/2015-08/2017

- Conduct individual and group supervision sessions with LPC/Associates
- Facilitate learning of key supervision processes such as case review, ethical issues, treatment planning, cultural competence, and career goals.
- Meets every two weeks with supervisees to review clinical knowledge, skill enhancement, professional development and reflective practice.

Practicum /Counseling Supervision (150 hours), USC  
1/2005-5/2005

Columbia, SC

- Provided clinical supervision of master's level students during their school counseling internships.
- Conducted individual and group supervision via electronic mail and live feedback.

Director, Family Life Intervention Program/CCH  
1/03-5/04

Columbia, SC

- Provided consultation and clinical supervision, support, and training for all direct care staff to ensure the implementation of effective services for the youth in care.
- Coordinated admissions process and discharge planning for the family; facilitates family meeting and parenting class.
- Provided staff development and training to ensure appropriate service, delivery and compliance with all applicable laws; manages various budgets allocated for the provision of program services.
- Marketed program benefits to local community to increase enrollment; distributed program brochures to local agencies, schools and civic organizations.
- Interviewed potential clients to assess needs and determine suitability for program placement; facilitates family meeting and makes appropriate referral for follow-up care.

## **SERVICE AND CONSULTATION**

Chair, 1<sup>st</sup> Annual Healing Our Community Conference (June 2016) "Counseling Matters: Embracing Your Power to Heal"

- Created flyers; video promo; handouts
- Secured guest speakers; key note speakers and student volunteers
- Secured donations for refreshments

Chair, 2<sup>nd</sup> Annual Healing Our Community Conference (June 2017) “Mindful Moments: Creating new narratives in your life”

- Created flyers; video promo; handouts
- Secured guest speakers; key note speakers and student volunteers
- Secured donations for refreshments

Chair, Community Service Hygiene Product drive for SisterCare of the Midlands, (October 2016; 2017)

CACREP Team Member Site Visit, University Mental Health Counseling programs

- 2015, Louisiana
- 2017, Philadelphia

Advisor, Chi Sigma Iota - Rho Lambda Mu chapter at SC State University, 2009-2010

- Co-facilitates the advisement of chapter members during course of school year regarding chapter agenda of service & scholarship activities
- Provide guidance and leadership regarding program proposals/presentations at local, state, and national levels.
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Workshop Series, National Certified Counselor Exam Preparation, 2007-2017

- Provided exam prep materials that include schedule outline & agenda
- Compiled pre and post-test question to gauge strengths and weakness of the student for study purposes
- Compiled key concept for passage of exam for review and study in an interesting and innovative layout that pleased the eye.
- Facilitate workshop review course material covering the 8 core sections on the exam
- Assists in creating a realistic and confident view of the structure of the exam and its content to encourage passage.

Guest Lecturer, Baptist church Summer Development Program, 05/2008

- Facilitate youth group lecture of building self-esteem and emotional development
- Facilitated experience group work that engaged the learner for optimal benefit

Chi Sigma Iota-Upsilon Sigma Chi Chapter at Univ. of South Carolina, 2004-2005

- Served as doctoral student representative for USC chapter
- Coordinated prospective PhD student luncheon
- Arranged panel of current PhD students of all levels to provide informal dialogue opportunity
- Student representative for business meeting at ACA 2005

## **PUBLICATIONS AND BOOK CHAPTERS**

- Smith, A., & **George, R.** (2019). Black girl glare. In Culbreth, D., Jung, J., & Murti, L. (Eds.), *Our voices our stories: An anthology of writings advancing, celebrating, embracing and empowering girls and women of color*. Jersey City, NJ: Complexity Publishing, Inc.
- **George, R.**, and Smith, A. (In Press). Nightmare on Black Magic Street: The reality of staying woke. In Matias, C. E. (Ed.), *Surviving Becky(s): Pedagogies of whiteness and Gender*.
- O'Brien, D. and **George, R.** (2019) Narrative Family Therapy. In Gold, J. (Ed.). *Intervening for Stepfamily Success: One Care, Multiple Perspectives*. Alexandria, VA: ACA
- **George, R.** & Smith, A., (March 20, 2019, Aired). In BlogTalk Radio "Our Voices Our Stories Mini Series," Episode 3: "On Being Our Sisters' Keeper." <http://www.blogtalkradio.com/complexitylive/2019/03/21/on-being-our-sisters-keeper>
- **George, R.** and Smith, A. T. (In Press.). *How I got over"...tales of triumph and truth from Black women educators*. In Jeffries, R. *Queen Mothers: Articulating the Spirit of Black Women Teacher-Leaders*, IAP. *In Press*
- **George, R.** and Edwards, T. (n.d). White racial identity development: A reflective stage analysis. *Under development*
- **George, R.** (n.d). Mindfulness as an efficacy tool to managing microaggressions. *Under development*
- **George, R.** (n.d.). Ethical Dilemma's in field placements: A Case review. *Under development*.
- Evans, K., and **George, R.** (2007). African Americans: In G. *McAulliffe Culturally Alert Counseling: A Comprehensive Introduction*. Sage Publication.
- Chen, A., and **George, R.** (2005). Cultivating Children's Resilience from Divorced Families. *The Family Journal, 26*

## PROFESSIONAL PRESENTATIONS

- **George, R.** and Smith, A. (2018). GET OUT: Transcending from your sunken place. A survival guide. Cross Cultural Conference, Savannah, GA

- **George, R.** and Edwards, T. (2017). White racial identity development: A reflective stage analysis. SC Counseling Association (SCCA), Isle of Palm, SC.
- **George, R.** Pennamon, R. Clarke, D. Lawson, T. and Smith, A. (2017). Bloom where you are planted: A guide to creating your happy. SC Counseling Association (SCCA), Isle of Palm, SC.
- **George, R.** and Smith, A. (2016). Mindfulness Moments: Managing MicroAggressions with Innovative Interventions. American Counseling Association (ACA), Montreal, Canada.
- **George, R.**, and Allen, K. (2016). High Stakes: Using mock trial simulation to learn counseling ethical codes. South Carolina Counseling Association Conference (SCCA), Hilton Head, SC.
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- **George, R.**, Henry, K., Garrick, B., Jackson, T, and Allen, K. (2015). Thriving in Graduate School: Self Care while making the grade. South Carolina Counseling Association Conference (SCCA), Hilton Head, SC.
- **George, R.** (2009) Poster Presentation. Exploring Mentoring Experiences of Diverse Women in the Academy. Association for Counselor Education & Supervision (ACES).
- **George-Brown, R.** (2008). Poster Presentation. Exploring Mentoring Experiences of Diverse Women in the Academy. American Counseling Association (ACA), Honolulu, HI.
- Evans, K. and **George, R.** (2006). Mentoring Experiences of African American Women Doctoral Students. (Pilot study) Women's Studies Conference, University of South Carolina-Columbia.
- **George, R.**, Lever, K., and Wilson, J. (2005). Three Amigos: How to teach with Multiple Instructors. Guidelines for Doctoral Students. Association of Counselor Education and Supervision, Pittsburgh, PA.
- **George, R.** (2005). Travel Grant, University of South Carolina for Association of Counselor Education and Supervision. (\$600.00)
- Witherspoon, S., **George, R.**, Cole, K.W. and Henfield, M.S. (2005) Poetic Justice: Tales & Triumphs of African American Doctoral Students. American Counseling Association. Atlanta, Ga
- Evans, K. M., **George, R.**, Pechersky, K., Lemberger, M., Crews, M., Bisset, G., Chen, A., Lever, K. (2004). Teaching with your mouth shut: Strategies for doctoral practicum. Presented at the Southern Association for Counselor Education and Supervision in Athens, GA.



- **George, R.** and Witherspoon, S. (2004). Discovering the Needs of Women of Color in Counselor Education. Southern Association for Counselor Educations and Supervision. Athens, GA
- **George, R.** (2004). Travel Grant, University of South Carolina for South Carolina Counseling Association Conference, Myrtle Beach, SC (\$50.00)
- Witherspoon, S., and **George, R.** (2004). African Americans and Cultural Distrust of Counseling: Implications for School and Mental Health Counselors. South Carolina Counseling Association Conference, Myrtle Beach, SC

### **PROFESSIONAL MEMBERSHIPS**

- American Counseling Association
- Association of Counselor Education & Supervision
- Chi Sigma Iota, Counseling Academic & Professional Honor Society International
- Association for Multicultural Counseling and Development
- Southern Association of Counselor Education and Supervision
- South Carolina Association of Black Educators

### **HONORS AND AWARDS**

- *Doctoral Scholar*, Southern Regional Education Board 2005-2007 (\$18,000 yearly)
- *Scholar*, South Carolina Association of Children's Homes and Family Services scholarship(\$1000)
- *Recipient*, 2009 SC Chapter of the Links Teacher Mini-Grant (\$200)

### **PROFESSIONAL DEVELOPMENT**

- Southern Association for Counselor Education and Supervision (September, 2012). Savannah, GA. *CACREP team member training*
- American Counseling Association (March, 2008). Honolulu, HI.
- The Compact for Faculty Diversity (October 2007), Institute on Teaching and Mentoring, Southern Regional Education Board (SREB) Doctoral Scholar, Arlington, VA
- The Compact for Faculty Diversity (October 2006), Institute on Teaching and Mentoring, Southern Regional Education Board (SREB) Doctoral Scholar, Miami, FL
- Women's Leadership Institute (May 2006). 4th Annual Conference, University of South Carolina, Columbia, SC

- Association of Counselor Education and Supervision (October 2005). Pittsburgh, PA.
- American Counseling Association (April 2005). Atlanta, Ga
- Southern Association for Counselor Education and Supervision (October 2004). Athens, GA.
- South Carolina Counseling Association Conference. (February 2004). Myrtle Beach, SC (\$50.00)

## REFERENCES

- Alexanderia T. Smith, Ph.D  
SC Counseling Director  
Dept. of Counseling Programs  
Webster University  
100 Gateway Corp Blvd.  
Columbia, SC 29203  
803.699.0900 ext.3342  
[Asmithglenn62@webster.edu](mailto:Asmithglenn62@webster.edu)
  
- Kathy M. Evans, Ph.D.  
Associate Professor  
Department of Educational Studies  
261 Wardlaw Hall  
University of South Carolina  
Columbia, SC 29208  
803.777.1937  
[Kevans@gwm.sc.edu](mailto:Kevans@gwm.sc.edu)
  
- Angenitta Bounds, Ed.S  
Special Education Teacher/ Administrative Mentor  
Columbia High School  
Columbia SC 29210  
803-731-8950  
[abounds@richlandone.org](mailto:abounds@richlandone.org)