

Curriculum vitae

Molly Stehn, Ed.D, LPC, NCC, CCMHC

Associate Professor

Department of Professional Counseling

Webster University

470 E. Lockwood Ave.

St. Louis, MO 63119

mollystehn05@webster.edu**EDUCATION:**

University of Cincinnati	Cincinnati, OH	9/2010-4/2014
Doctor of Education in Counselor Education and Supervision (CACREP accredited)		
Dissertation: “Dialectical Behavior Therapy Skills Group as Facilitator of Relational Growth”		
University of Cincinnati	Cincinnati, OH	9/2010/4/2013
Preparing Future Faculty Certificate		
University of Cincinnati	Cincinnati, OH	2008-2010
Master of Arts in Mental Health Counseling (CACREP accredited)		
Manhattan School of Music	New York, NY	2002-2004
Master of Music in Vocal Performance		
University of Northern Iowa	Cedar Falls, IA	1998-2002
Bachelor of Music in Vocal Performance, magna cum laude		

CURRENT POSITION:

2020-present	Associate Professor, Department of Professional Counseling, Webster University, St. Louis, MO
	Teach masters level counseling in various modalities including asynchronous online, face-to-face, synchronous online, and hybrid. Design and regularly review and revise curriculum to ensure alignment with accreditation standards, licensure laws, best practices, and emerging research in the counseling profession. Serve as a resource for faculty on best practices for online course design and instruction. Regularly engage in scholarship and professional development activities aligned with counselor education. Provide academic advising to assigned roster of advisees. Research interests: Dialectical behavior therapy; relational-cultural theory; the scholarship of teaching and learning; assessment of student learning; creative approaches to counselor education, research, and clinical practice.

2014-2020

Assistant Professor, Department of Professional Counseling, Webster University, St. Louis, MO

Teach masters level counseling in various modalities including asynchronous online, face-to-face, synchronous online, and hybrid. Design and regularly review and revise curriculum to ensure alignment with accreditation standards, licensure laws, best practices, and emerging research in the counseling profession. Provide academic advising to assigned roster of advisees. Research interests: Dialectical behavior therapy; relational-cultural theory; the scholarship of teaching and learning; assessment of student learning; creative approaches to counselor education, research, and clinical practice.

TEACHING EXPERIENCE:

Webster University	Courses taught:	Terms:
	COUN 5050 Human Growth and Development	Spr 2018, Fa 2018
	COUN 5140 Psychopharmacology	Spr 2015, Fa 2015, Spr 2016, Fa 2016, Spr 2017
	COUN 5150 Psychopathology	Spr 2015, Su 2015
	COUN 5160 Issues in Counseling: Dialectical Behavior Therapy	Fa 2018, Fa 2019
	COUN 5200 Theories of Counseling	Fa 2014, Spr 2015, Fa 2015, Spr 2016, Fa 2016, Spr 2017, Fa 2017, Spr 2018, Fa 2018, Spr 2019, Fa 2019, Spr 2020
	COUN 5540 Family Systems Theory	Fa 2014
	COUN 5630 Addictions and Substance Abuse Counseling	Fa 2014, Su 2015, Spr 2020
	COUN 5700 Lifestyle and Career Development	Spr 2020
	COUN 5850 Research and Program Evaluation	Spr 2016, Su 2016, Spr 2017, Spr 2018, Spr 2019, Spr 2020
	New courses designed:	
	COUN 5160 Issues in Counseling: Dialectical Behavior Therapy	Fa 2018, Fa 2019
	Substantially redesigned courses:	
	COUN 5050 Human Growth and Development	Spr 2018
	COUN 5150 Psychopathology	Fa 2019
	COUN 5230 Psychodiagnosics	Fa 2019

	COUN 5140 Psychopharmacology	Fa 2015
	Courses newly designed for online delivery:	
	COUN 5630 Addictions and Substance Abuse Counseling	Su 2015
University of Cincinnati	Courses taught as teaching assistant, co-instructor, or online facilitator:	Terms:
	18CNSL855 Community Counseling in Mental Health Settings	Su 2012
	18CNSL886 Advanced Counseling Skills	Fa 2010, Spr 2011
	18CNSL887 Field Practicum	Spr 2011, Spr 2012
	18ADDC231 Theoretical Foundations of Substance Abuse Counseling	Spr 2011
	18ADDC310 Child Abuse I	Fa 2009
	18ADDC311: Child Abuse II	Spr 2010
	18ADDC321: Dual Diagnosis	Spr 2010

GRANTS AND SPONSORED ACTIVITIES:

U. S. Department of Health and Human Services Health Resources and Services Administration (HRSA) 2021-2024

Total Award: \$1.083 million Behavioral Health Workforce Education and Training for Professionals
(Co-investigator, funded)

Webster University Provost's Faculty Fellowship 2018-2019

Faculty Fellow: "Intellectual Mattering and its Implications for Teaching and Assessment"
Total Award: \$4,000
(Principle Investigator, funded)

PEER-REVIEWED PUBLICATIONS:

Stehn, M. & Tang, M. (2018). A feminist qualitative investigation of dialectical behavior therapy skills group as context for fostering intrapersonal growth. *Journal of Counselor Practice*, 9(2),77-108. DOI: 10.22229/mos902112

Stehn, M. (2018). A brilliant but frosty solution: Frozen® an allegory for the central relational paradox. *Journal of Creativity in Mental Health*, 13, 254-261. DOI: 10.1080/15401383.2018.1426509

Stehn, M. (2014). One woman's development and resilience in the face of complex trauma: A relational-cultural description of growth through counseling. *Adultspan*, 13(2), 120-128.

Stehn, M. & Wilson, F. R. (2012). Ambivalence: The tension between “yes” and “no”. *Journal of Creativity and Mental Health*, 7(1), 83-94.

Stehn, M. (in preparation). An auditory guide to the listening guide: De-mystifying the musical metaphors in the listening guide polyvocal analysis strategy.

NATIONAL AND REGIONAL PEER-REVIEWED CONFERENCE PRESENTATIONS:

Stehn, M. (2021). *Building a life worth living During COVID-19*. American Counseling Association of Missouri. Virtual.

Stehn, M. & Musangali, M. (2019). *DBT for faculty: A proposed intervention to promote faculty cohesiveness, engagement, and civility*. Association for Counselor Education and Supervision. Seattle, WA.

Stehn, M., Blythe, B.,* & Conrad, A.* (2019). *Dialectics and the counselor: Using DBT principles to mindfully navigate intrapersonal and interpersonal paradoxes in counseling*. American Counseling Association of Missouri. Independence, MO.

Stehn, M. (2018). *Practicing what we preach: Using DBT skills to improve the therapeutic relationship*. American Counseling Association of Missouri. Lake Ozark, MO.

Stehn, M. (2016). *A brilliant but frosty solution: Frozen® as metaphor for the central relational paradox*. American Counseling Association. Montreal, QE, Canada.

Stehn, M., Bridges, C., & Brubaker, M. (2015) *The ecology of diverse approaches to online learning: A panel discussion*. Association for Counselor Education and Supervision. Philadelphia, PA.

Bridges, C., **Stehn, M.,** & Brubaker, M. (2015) *Connecting from a distance: How men and women engage in intentional relationship building in online counselor education*. Association for Counselor Education and Supervision. Philadelphia, PA.

Stehn, M. (2014). *Using the listening guide to hear the music of research participants' multilayered voices*. Association Assessment and Research in Counseling. Moline, IL.

Stehn, M. (2014). *Interpretive communities as a means of ensuring trustworthiness and enriching data*. Action Research Center Showcase, University of Cincinnati, Cincinnati, OH.

Stehn, M. & Haney, S. (2013). *Interpretive communities as facilitators of dual relationships in qualitative and practitioner research*. Association for Counselor Education and Supervision. Denver, CO.

* Denotes student

Stehn, M. (2012) *Relationships in group therapy as a tool in regulating the most dysregulated*. American Mental Health Counselors Association. Orlando, FL.

Stehn, M. (2012). *A musician's approach to the listening guide*. Association for Creativity in Counseling. Memphis, TN.

Stehn, M. (2011) *Dialectical behavioral therapy through an ecological lens*. Ecological Counseling Conference, Cincinnati, OH.

UNIVERSITY PRESENTATIONS

Stehn, M., Palmore, E., & Kogbara, J. (2019). *An introduction to using recent graduate voices in our work*. Webster University Global Citizenship Program Collaboratory. St. Louis, MO.

Stehn, M. (2018). *Knowing we matter: Assessing our impact in the classroom*. Webster University Reflective Teaching Community. St. Louis, MO.

Stehn, M. & Musangali, M. (2018). *Navigating the dialectic between responsible gatekeeping versus inclusive, student-centered learning*. Webster University Teaching Festival. St. Louis, MO.

Stehn, M. (2017). *Connecting from a distance: Using relational-cultural principles to facilitate an online learning environment*. Webster University Teaching Festival. St. Louis, MO.

Stehn, M. (2017). *Safety and discomfort in the classroom*. Webster University Reflective Teaching Community. St. Louis, MO.

Weissman, J., Bitner, J., **Stehn, M.**, Green, T., & Pruess, M. (2016). *Capstones and other culminating experiences: What do student data tell us about the benefits and challenges?* Webster University Teaching Festival. St. Louis, MO.

INVITED PRESENTATIONS:

Stehn, M. (2020). *DBT for Faculty: Inaugural Facilitation*. Location redacted for confidentiality.

Stehn, M. (2019). *DBT basics*. Counselors Associates LTD. Maryville, IL.

Stehn, M. (2019). *DBT with mature adults*. 4th Annual Healing our Community Conference. Myrtle Beach, SC.

Stehn, M. (2016). *Using dialectical behavior therapy techniques to manage difficult interactions with clients*. Creve Coeur Counseling Professional Development Series. St. Louis, MO

Stehn, M. (2015). *Dialectical behavior therapy in clinical practice*. Inaugural presentation of the

Webster University Department of Professional Counseling Professional Development Series. St. Louis, MO (broadcast live to multiple extended campus sites nationwide).

Stehn, M. (2015). *The biosocial theory of borderline personality disorder and its implications for psychiatrists in training*. Guest presentation to the Neuro-Psych Club at the Kirksville College of Osteopathic Medicine. Kirksville, MO.

Stehn, M. (2012). *Applying dialectical behavior therapy informed practices in a community mental health setting*. Training given to Community Behavioral Health, Middletown, OH.

Stehn, M. (2011) *A practical introduction to DBT skills for use with SMD clients*. LifePoint Solutions recovery division meeting, Amelia, OH.

DEPARTMENT LEADERSHIP AND SERVICE

- 2021-present** **Chair, Department of Professional Counseling, Webster University, St. Louis, MO**
Responsible for general program implementation, curriculum, assessment, and accreditation at home and extended campuses. Provide consultation to faculty and staff at all campuses where counseling programs are offered on issues related to curriculum, assessment, advising, and students' professional behavior within the program. Oversee process of remediation for student success and consult with internal stakeholders on sensitive matters as needed. Lead monthly meetings for all full-time faculty and for full-time faculty based at home campus. Hold monthly extended campus conference call and annual all-faculty meeting to provide updates on program requirements and changes. Approve adjunct faculty, program option requests, and transfer of credits.
- 2015-2020** **Director of Assessment, Department of Professional Counseling, Webster University, St. Louis, MO**
Conceptualize, evaluate, revise, and execute the department's comprehensive assessment system. Evaluate and refine program level student learning outcomes (SLOs), and ensuring that course level SLOs align with these. In consultation with faculty colleagues, identified and operationalized evaluation criteria for summative key performance indicators (KPIs) for each of the 8 core curricular areas and for the clinical mental health counseling specialty as required by CACREP. Gather and analyze quantitative and qualitative data from a variety of sources regarding our program's effectiveness in training future counselors. Make recommendations to faculty based on the results of data analysis, and report results to various stakeholders in the community. Convene working groups as needed to review department assessment practices. Serve as the primary contact person regarding assessment practices for accreditation purposes, and provide training to both full-time and adjunct faculty in the Department of Professional Counseling across the Webster network.

- 2015-present Department Liaison to Graduate Council, Department of Professional Counseling, Webster University, St. Louis, MO**
I serve as the department's point of contact for the graduate council for all matters concerning student appeals for reinstatement and readmission. When a student who had been dismissed from the counseling program appeals for reinstatement or readmission, the graduate council seeks the official department stance on each individual case as an additional gatekeeping safeguard given the nature of our program. This is in addition to feedback from the faculty members who assigned grades leading to the student's dismissal, and campus directors in the case of students from extended campuses. When I receive a requests for the department's position on a reinstatement or readmission case, I review the student's appeal, their grade history, and any relevant documentation. I also consult with the department chair and with faculty from the student's campus in the case of students at extended campuses. I then submit the department's determination, including rationale to support our position.
- 2015-2016 Communication and Community Outreach Coordinator, Department of Professional Counseling, Webster University, St. Louis, MO**
In this role I maintained and updated the department's social media accounts. I sent announcements to Webster Today, the university's internal news source. I created and maintained the department's "virtual café," an online environment for counseling students across the extended network of campuses, with a goal of promoting engagement and connection for students among their peers
- 2015-2016 Professional Development Coordinator, Department of Professional Counseling, Webster University, St. Louis, MO**
In this role I coordinated the department's continuing education offerings. I maintained documentation required by the National Board of Certified Counselors (NBCC). I arranged for continuing education events to be webcasted live to extended campus sites, including confirmation of attendance, evaluation, and payment.

UNIVERSITY LEADERSHIP AND SERVICE

- 2018-present University Retention and Graduation Committee, Webster University, St. Louis, MO**
In this role I represent the faculty of the College of Arts and Sciences. I attend monthly meetings with a variety of faculty and staff stakeholders representing the colleges, schools, and academic support units about initiatives related to student retention and success. As a member of this committee I have served on two taskforces: the degree plan taskforce and the retention analysis taskforce. In the former I assisted in compiling and standardizing degree plans for every undergraduate degree at Webster for the purpose of improving the advising of undergraduate students and increasing retention. In the latter, I met regularly with the other members of the taskforce to explore the use of the Starfish analytics function. Together, the retention analysis taskforce identified ways that department chairs might be able to leverage data from the Starfish system to inform decisions related to curriculum, staffing, and advising in order to promote retention.

- 2016-2019 University Assessment Committee, Webster University, St. Louis, MO**
 In this role I represent the faculty of the College of Arts and Sciences. I attend monthly meetings with a variety of faculty and staff stakeholders representing the colleges, schools, and academic support units about assessment initiatives at the university level. I provide peer review of annual program-level assessment plans from a sample of academic departments, providing timely, meaningful feedback. I recommend guidelines to the Office of Academic Affairs regarding the annual schedule of assessment reporting, reporting templates, and policies. I coordinate with the Office of Institutional Effectiveness on the delivery of seminars, workshops, and resources to promote reflection and awareness of student learning outcomes assessment practices.
- 2015-2018 Graduate Council, Webster University, St. Louis, MO**
 In this role I represent the faculty of the College of Arts and Sciences. I attended bimonthly meetings with a variety of faculty and staff stakeholders representing the colleges, schools, and academic support units about initiatives related to curriculum and policy at the graduate level. These include approving new courses, new programs, and other curriculum changes. I reviewed, and made recommendations concerning academic standards, graduation requirements, the academic calendar, and other factors related to graduate curriculum of the University. I reviewed and approved academic policies related to the graduate programs. I reviewed and made recommendations on appeals from students who had been dismissed.
- 2018 Search Committee for Writing Center Coordinator, Academic Resource Center**
2017 Search Committee for Accreditation and Assessment Specialist, Office of Institutional Effectiveness
2016 Faculty Search Committee for Department of Professional Counseling
2015 Faculty Search Committee for Department of Nursing
2015 Volunteer: New Student Orientation and Welcome Week

PROFESSIONAL LEADERSHIP AND SERVICE ACTIVITIES:

- 2021-present NCACES Membership committee**
 Committee member
- 2021 Association for Counselor Education and Supervision Conference**
 Proposal Reviewer
- 2018-present Counselor Education Qualitative Interest Network (CEQUIN)**
 Teaching Task Force Member
- 2017-present NCACES General Awards Committee**
 Committee Member
- 2018-2019 Webster University Provost’s Faculty Fellowship**
 Faculty Fellow: “Intellectual Mattering and its Implications for Teaching and Assessment”
- 2019 Association for Counselor Education and Supervision Conference**
 Proposal Reviewer

- 2017 **Webster University Global Leadership Academy**
Faculty Fellow
- 2017 **Association for Counselor Education and Supervision Conference**
Proposal Reviewer
- 2015 **American Counseling Association Conference**
Proposal Reviewer
- 2011-2012 **Association for Creativity in Counseling**
Graduate Student Committee Member
- 2010-2011 **Chi Sigma Iota, Upsilon Chi Chi Chapter**
Vice President
- 2010-2011 **4th Annual Ecological Counseling Conference**
Vice Chair, Planning Committee
- 2011 **University of Cincinnati Substance Abuse Counseling Program**
Faculty Search Committee
- 2010 **NCACES Conference**
Proposal Reviewer

AWARDS AND HONORS:

- 2014 **Outstanding Counselor Education Student of the Year**
University of Cincinnati
- 2013 **Runner-up, AMHCA Foundation Dissertation Research Award**
American Mental Health Counselors Association Foundation
- 2011 **Outstanding Member**
Chi Sigma Iota, Upsilon Chi Chi Chapter
- 2010 **Outstanding Mental Health Counseling Student of the Year**
University of Cincinnati

LICENSES:

Licensed Professional Counselor, State of Missouri
License #2015002531

Licensed Professional Clinical Counselor, State of Ohio
License # E.0800520

Licensed Mental Health Counselor, State of Iowa
License #109726

PROFESSIONAL MEMBERSHIPS:

American Counseling Association
Association for Counselor Education and Supervision
Association for Creativity in Counseling
North Central Association for Counselor Education and Supervision

